

# Rules and Regulations



The local virtual competition is for dancers in Sacramento, CA and the surrounding areas. We have not yet expanded through all of NorCal.

You qualify if you live in or if your studio is in

Sacramento, West Sacramento, Gold River, Folsom, Roseville, Rocklin, Orangevale, Davis, Yuba City, Oroville, Granite Bay, El Dorado Hills, Elk Grove, Stockton, Fresno and Lodi, Vacaville, Fairfield, Vallejo, Lincoln, Napa, Woodland, Galt, Placerville, El Dorado Hills, Stockton, Rancho Murieta, Tracy, Manteca, Modesto, South Lake Tahoe and anywhere in between.

If you think we have missed your city or would like to confirm that your studio is in the qualifying area, please call or text: (916)994-2596

Or email: [ballroomblitzofficial@gmail.com](mailto:ballroomblitzofficial@gmail.com)

You may also send a message on social media or contact us through the website.

The U.S. Nationals is for all dancers residing in the United States.

The WorldWide competition is open to registrants from all countries.

When you have finished reading the Rules and Regulations, Please see the Terms and Conditions.

## VIDEO

Closed and Open Entries in All Categories Must be 1:30 minutes

Solo Entries Must be 1:30 to 3 minutes

Videos are recorded

Please send us your best run

There will not be a freestyle event

By entering your video, you are releasing the rights to the video to Xml Productions Presents for the Winners Video Premiere and other ads and promotions online and otherwise.

If your video cannot be saved on our computers, you will lose the opportunity to be shown.

Videos must be in wmv or mp4 formats.

You will get a refund but there will be a handler's fee of \$25

## ATTIRE

No Nudity

No Offensive Costumes such as racial appropriation or hate speech

All private areas must be covered

Color Shoes Are Allowed

Hair and Makeup Must be done appropriately for Ballroom Competition

Gowns and Suits Must be Competition Style

No cocktail dresses

No Practice Gear

## CATEGORIES

Must State:

Lead or Follow

Same Gender or Other

Same Gender or Others and Disability may enter in the Male and Female Categories and also separately.

Youth 4-12, Teen 13 - 18, Adult 18-30, Adult 30- 45, Adult 45-60, Senior 60 and above

Amateurs, Pro-Am, Student teacher-student, Student Teacher/Student Teacher, Disability, Same Gender, Formations and Professionals

Closed: Beginner Bronze, Full Bronze, Beginners Silver, Full Silver, Gold, Gold Advanced

Open: Bronze Beginners, Full Bronze, Silver Beginners, Silver advanced, Gold beginners, Gold Advanced

Cabaret All levels compete with each other - lifts and tricks allowed

Theatrical Solos with or without partner in all levels compete with each other - lifts and tricks allowed

NO Lifts and Tricks in Closed and Open Categories.

You can enter in Singles and 9 dance for Bronze, Silver, Gold in Closed and Open Categories in American Rhythm, International Latin, American Smooth and International Standard.

You can enter The Night Club Event in Singles or All three dances for Bronze, Silver, Gold in Closed and Open categories

You can enter Specialty Dances only for Singles in Bronze, Silver, Gold in Closed and Open categories.

Please see the Categories List.

Call or text the Capitol Ball hotline with any questions.

1(916)975-2626

This is our first year in competition. Please be kind and patient. We are doing our best to create a wonderful experience for everyone.

We will do all we can to make the registration process easy for everyone.

Thank you.

## POINTS

10 point system – lowest is 1 and highest is 10

Judged on highest accumulated score not on the average.

Difficulty, Musicality, Appearance and Technique

## JUDGING

Judging will take place during Late Registration and 2 weeks thereafter.

Late Entries are only accepted from midnight of the last Regular Registration date and midnight of the last Late Registration date.

## WINNERS REVEAL

The Scores will be posted on the website and app as soon as the judging is complete for the category.

The top 3 winners of each category will be posted on YouTube for the Winners Circle Review. If you didn't make top 3, don't fret, your video may still be used on social media for promotional purposes.

Follow us on YouTube, Facebook and Instagram to stay updated.

## QUALIFICATION

All Ages, All People

You may enter in a younger or older age category with a 2-year gap

You may enter in a lower level but not in the same dance entered at a higher level

Teachers may have more than one student per category and age group

Students may enter with more than one teacher but not in the same category with another teacher.

Dancers Under 18 Must Have parental consent

Parent Must Sign parental consent as Guardian and the same parents name must be on the credit card payment

## DANCER DESCRIPTIONS

Amateurs- couples must be 2 students of dance

Pro-Am - couples consist of one professional teacher and one student

Student teacher/Student - couples consist of one teacher who is still a student in teacher training and one Amateur student

Student Teacher/Student Teacher – couples that consist of 2 students in teacher training.

Professional – Couples or Soloist who has passed exams or competed in NDCA, WDO, or WDSF competitions as a professional. If you haven't competed as a professional before and receive payment for performance or teaching, you may enter as a professional.

We do not have a rising star category for teachers who are in between categories.

If you are an Amateur and you think you can go head-to-head with the local Professionals, you may enter as a Professional at your own will.

We will add it next year. There is a suggestion box upon entry. If you feel it's necessary let us know.

You may enter in 2 different levels of dance but not in the same category and style

For example:

Entry #1-Amateur Adult II Latin ChaCha

## Entry #2-Professional Adult II Rhythm ChaCha

Some Newcomers may think this is unfair but we have the Student Teacher Level in this competition because we know some of them have passed exams in one style but not all of them. Though they have passed exams in one style, they may not be teaching yet. In that case, they are still considered and Amateur.

The Capitol Ball is a local independent non-sanctioned competition.

Our Rules and Regulations are meant to suit the local population of ballroom enthusiasts who may or may not have competed before. It is also the first of its kind.

There is a suggestion box upon entry. We would like to know about anything we can do to improve this competition next year.

## DISABILITY:

You are qualified to enter the Disability category if you have a physical disability, Mental disability, intellectual disability or a sensory impairment.

You can also participate in other events, if you choose to do so.

## Same Gender and Others

You may enter any category you choose to do so.

## DISQUALIFICATION

Offensive Costumes with racial appropriation

Offensive Costumes with Hate Speech

Offensive Costumes with uncovered private areas

If we do not receive a payment or your payment fails to go through, you will be disqualified and we will not judge your video.

You may ask for a refund but there will be a handler's fee of \$25

We will be happy to investigate mistakes on entry. If the mistake is our fault, we will refund you the entry fee for the missed entries.

Edited videos

Videos with negative or hateful speech in the background.

Videos not pertaining to the competition.

## EVENT CANCELLATION

If this virtual event is cancelled for any reason, all participants will receive a full refund.

Videos, Photos and information will be held on our software for up to one year or until the next same event.

Please see the Terms and Conditions prior to completing your entry.

## CANCELLATION OF ENTRIES

If you decide to drop out of the competition at any time, you will receive a partial refund.

There is a \$25 handler's fee. We only charge half of the registration fee. You or your studio is responsible for the account set up on the competition entry website. The account holder is given the option to withhold payment until you are ready to enter. If the entries haven't been paid for or

if there is a missing section, we will see the entry as incomplete and you will receive a reminder email to complete your entries.

If you do not complete your entries, you will be eliminated from the competition.